

Understanding your DISC

Understand your work-related behaviors and the behaviors of others

What is DISC?

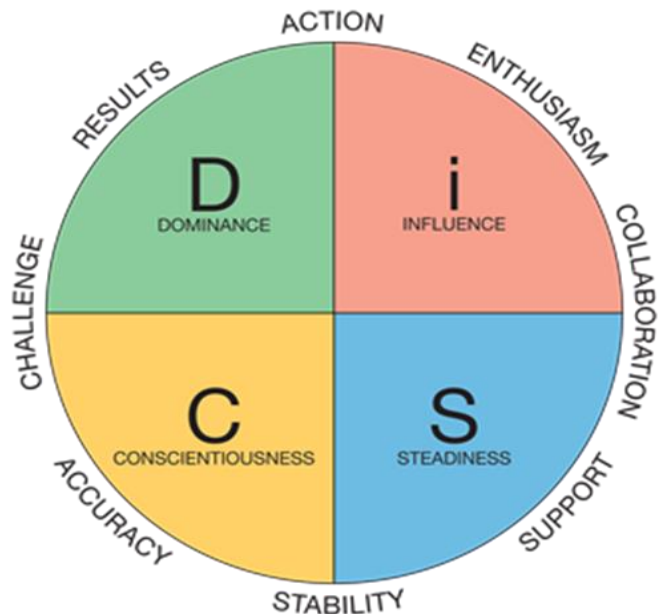
The DISC® model provides a common language that people can use to better understand themselves and adapt their behaviours with others - within a work team, a sales relationship, a leadership position, or other relationships. It is the most widely used assessment technology in the world today and gives us a simple and objective way to talk about behaviour.

There are four quadrants in the DISC model, and each describes a particular way of behaving. Some people prefer one particular behaviour, while others prefer a blend of behaviours. The DISC model looks at behaviour in terms of the following: Dominance, Influence, Steadiness and Compliance. Are you motivated by recognition, results-focused, fact-oriented, or inclusion-driven?

Training Outcomes

A certified Bromelin HR professional will facilitate the workshop and participants will learn to:

- Interpret and understand their individual DISC profiles
- Determine how the individual provides values to the organization
- Identify potential challenges related to work styles
- Recognize behaviours often associated with each style and how they are interpreted by others
- Interact with other work styles effectively



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